

**HeartCycle Bicycle Touring Club**  
**LATE SUMMER FROLIC**  
**FOOTHILLS OF THE ADIRONDACK AND**  
**GREEN MOUNTAINS TOUR**

**Dates:** Orientation meeting Saturday, August 20, 2022. Riding: Sunday, August 21–Friday, August 26, with departures Saturday, August 27.

**Leaders:** Jim Bethell and Gail Golderman

**SAGs:** Mayoma Pendergast and Carol Fredrickson

**Miles:** Approximately 400 miles

**Rating:** Intermediate – 50 to 60 miles per day; averaging 2500 – 3500 ft. of climbing

**Riders:** 26

**Price:** \$1,620 (double occupancy). \$400 at Registration. Single Supplement \$2,430. Balance due May 19, 2022.

**Cancellation:** [Standard cancellation policy](#). *Travel insurance is advised.*



## **OVERVIEW**

Join us for a fixed based tour in and around the foothills of the Adirondack and Green Mountains. The tour will be based in Glens Falls, New York, with lodging at the recently renovated historic Queensbury Hotel and Conference Center, [www.queensburyhotel.com](http://www.queensburyhotel.com). Glens Falls is an old paper and wood mill city located on the Upper Falls of the Hudson River, located just south of Lake George, NY. It is a small city that defines itself as being “worth slowing down for.” From our hotel, you can walk to restaurants, cafes, brew pubs, and wine bars—as well as museums, galleries, and shops—a perfect location to base our daily rides for the upcoming week and plenty to do if you choose not to ride on any particular day. To keep clear skies above and the wind at our backs, actual routes may vary!

## **ITINERARY**

### Saturday, August 20 – Arrival in Glens Falls, New York

For those flying to our tour destination, shuttle information from Albany International Airport will be provided. We will gather that evening for our “meet and greet” and general orientation meeting.

### Sunday, August 21 – Arnold and Burgoyne

We loop to the south to the site of the Battle of Saratoga, which is considered the Turning Point of the War of Independence. We will ride the 12-mile Saratoga National Park Battlefield Road Tour Trail, which includes spectacular views and 10 wayside interpretive stops. The day will also include the Saratoga National Monument and our lunch stop at the Stillwater Hudson River Front Park.



### Monday, August 22 – Dairyaire Double

This day, we travel east with a great view of the Green Mountains of Vermont as we head towards the small town of Salem, NY. Outside of Salem is the Battenkill Dairy, a great place to stop for ice cream. We also go by a new dairy, Bunkerhill, as we work our way back through Greenwich and Fort Edward.



### Tuesday, August 23 – Into the Adirondacks

Today, we will bicycle west through Moreau State Forest to the Village of Corinth (20 miles). The route takes us north through the Southern Adirondacks along the Hudson River to Stony Creek. From there, we will travel back through Warrensburg and Lake George. Once in Lake George, we will take the Warren County Bikeway, a scenic and paved path back to Glens Falls, with a stop at Coopers Cave Ice Cream, a few blocks from the Queensbury.

### Wednesday, August 24 – Consider Bardwell and Wayward Goose Farms

Traveling east through the towns of Hartford, Granville, and then into West Pawlet, Vermont, where we will have lunch and tour the working dairy and cheese farms of Consider Bardwell and Wayward Goose. Spanning the rolling hills of Vermont's Champlain Valley and reaching into Washington County, New York, Consider Bardwell was Vermont's first dairy coop, established in 1864. Both are co-winners of the 2013 Sustainable Farm of the year awarded by the University of Vermont.



#### Thursday, August 25 – The Battenkill

We begin our loop to the southeast cycling through Fort Edward and Greenwich, New York. Along today's route, we will be taking in some of the roads that are used in the Tour of the Battenkill—America's Queen of the Classics—the largest one-day Pro/Am stage race held in the spring for the last 11 years out of Washington County, New York. This is one day that you do not want to miss.

#### Friday, August 26 – Great Sacandaga Lake

Our final loop ride of the tour takes us southwest to the Great Sacandaga Lake area, where we will ride through several charming hamlets, small towns, and villages along the way. Upon our return to Glens Falls, we will gather in the evening for our group dinner/celebration.

For more information please contact:

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