HeartCycle Bicycle Touring Club Paso Robles Wine Country 2025

Dates: Orientation meeting Saturday, October 18, 2025. Riding Sunday,

October 19 – Saturday October 25, with one day off, departure

Sunday, October 26 (lodging last night included).

Leaders: Cindy Alvarez, Helayn Storch; **SAGs**: Martha MacCormack, Danna

Korak

Miles: Approximately 300 miles with up to 19,000 feet of climbing

Rating: Intermediate-Advanced

Riders: 30

Price: \$2,450 (double occupancy). \$600 at registration. Balance due by July

20, 2025. Single supplement \$3,675.

Cancellation: <u>Standard cancellation policy</u>

Travel insurance is strongly recommended.

OVERVIEW

Paso Robles Wine Country is one of HeartCycle's most popular fixed-base tours, and we hope that you join us in 2025. Paso Robles, Spanish for "the pass of oaks," is one of California's fastest growing wine regions. Approximately halfway between San Francisco and Los Angeles, Paso Robles is just 30 miles from a beautiful section of the California coastline. Fall here is a gorgeous time of uncrowded tasting rooms, sunny skies, and



festive events. Vines have changed to the deep warm oranges, vivid yellows, and golden browns of autumn. October is wine harvest month in Paso. The area is home to more than 300 wineries, with award-winning wines, and world-class restaurants.



Many of the wineries are small boutique producers that have vineyards spread across the countryside. The unique location with its coastal influence creates a greater day-to-night temperature swing than other California wine regions. This is a perfect environment for the grapes to thrive with a long growing season and diverse soil types. More than 40 wine grape varieties are grown in the region.

In addition to wineries, the area is known for its distilleries, walnut, olive oil, and cheese tasting rooms. Much of our riding is on quiet, windy, rolling backroads through vineyards, farms, and oak-lined lanes. The daily mileage is approximately 50 miles with 2100–4400 ft of elevation gain. There will be one day off to explore the town, go to the coast, or go wine tasting. Since this is a fixed-base tour, you can choose which days to ride. The weather in October averages from a low of 40 to the mid-70s.

Our hotel is the Oxford Suites in Paso Robles. They serve a wonderful hot breakfast and a happy hour that includes a free drink and snacks. Also featured are an onsite

restaurant and lounge, pool, jacuzzi, laundry, and workout room. A short walk gets you to downtown Paso Robles where you'll find many shops and restaurants. The hotel has a shuttle service, which can be used to travel within 5 miles of the hotel, and to and from the San Luis Obispo airport.

The tour includes snacks and lunch on daily rides as well as one group dinner; otherwise, dinner is on your own. Detailed route maps, cue sheets, and GPS files will be provided to tour participants. Routes along with miles and climbing are approximate and may not be identical to the following itinerary. Most roads are narrow without a shoulder but little to no traffic.



ITINERARY

Day 0: Saturday, October 18, 2025

Orientation meeting, Oxford Suites Hotel, Paso Robles, 5 pm.

We will meet at the Oxford Suites Hotel for our orientation meeting in their conference room at 5:00 pm. Explore Paso Robles and its many restaurants and attractions.

Day 1: Sunday, October 19

Tobin James winery. 50 miles, 2630 feet of climbing.

Today, we head south on quiet roads past many of the most popular wineries in the region. The lunch stop will be at Tobin James Winery, www.tobinjames.com, giving you a chance for a quick visit and perhaps a sip. Any wine purchases that you make during the tour can be transported back to the hotel in the SAG vehicle. We return to our hotel in Paso Robles through many lovely vineyards on some of the quietest roads in the region.

Day 2: Monday, October 20

Sculpterra Loop, 52 miles, 2600 feet of climbing. We will travel south again today and pass through the town of Santa Margarita on quiet roads that travel through many vineyards and ranches. Lunch will be in the small town of



Creston and then on to pass by or stop for a tasting at Cass Winery. Our final stop will be at Sculpterra Winery



where you will want to spend some time taking in the incredible sculptures that fill the grounds surrounding the winery. Sculpterra features a fine portfolio of ultra-premium wines, fine art, and a multimillion-dollar sculpture garden to greet guests and make for a memorable wine tasting experience.

Day 3: Tuesday, October 21

San Andreas Fault. 67 miles, 4170 feet of climbing.

A shorter option will be available today. The full route starts at the hotel. The option is a remote start that takes off 25 miles and 1100 feet of climbing. This is an out-and-back ride to the Parkfield Ranch and Cafe, where we will enjoy a wonderful BBQ lunch. Parkfield is known as the "Earthquake Capital of the World," because the town sits astride the San Andreas Fault and is one of the most heavily studied earthquake areas in the world. You can actually see the fault from your saddle. We will encounter little traffic and many miles of beautiful backroads.



Day 4: Wednesday, October 22

Day off. "Pasobilities" in and around Paso Robles
Drive to the coast – Cambria, Morrow Bay, Hearst Castle,
Elephant Seals, and more.

Tin City, a collection of small, artisanal producers who have set up shop in repurposed industrial buildings, creating a charming, eclectic mix of tasting rooms, breweries, wineries, and distilleries.



Paso Robles City Park with its Carnegie Library, completed in 1908.

Estrella Warbird Air Museum

Paso Robles Pioneer Museum

Or just hang out and enjoy the shops and sites in this charming town.

Much more at https://www.travelpaso.com/things-to-do/

Day 5: Thursday, October 23

Peachy Canyon. 48 miles, 4400 feet of climbing. You may opt to shorten this ride by 9 miles and approximately 1100 feet of climbing. This ride takes us west of Paso Robles into rolling hills on quiet backroads lined with ancient oaks. We travel through the Adelaide Wine District and pass many of our favorite wineries on this route including Adelaide, Daou, Halter Ranch, Justin, and Opolo. Our lunch stop is at the Pasolivo Olive Oil Company. Here, we can experience their dedication to the timehonored craft of producing California olive oil, specialty food products, and fine bath and body products. California EVOO produced at the Pasolivo ranch is packed full of taste and flavor. Olive oil from California is among the best in the world, and we will have a chance to do a tasting here. We think you will fall in love with this majestic stop among the towering oaks.



Day 6: Friday, October 24

Cowboy Loop. 42 miles, 2800 feet of climbing.

Today, we travel about 20 miles south to the small town of Santa Margarita for a remote start. For those who don't have a vehicle, we can transport bikes and cyclists. Our lunch stop today will be at the Vintage Cowboy Winery. Whatever you buy, the SAG vehicle will be there to carry for you. Upon our return to Santa Margarita, you may want to stop at the Ancient Peaks Winery tasting room just down the road from our parking area.

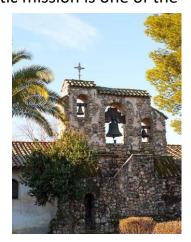


Day 7: Saturday, October 25
San Miguel Loop. 46 miles, 2200 feet of climbing.



This route heads northeast into Hog Canyon and back along the Salinas River, the world's largest underground river, called the "upside-down river" by locals. Lunch is at the Mission San Miguel Arcángel, which was established on July 25, 1797, put on the National Register of Historic Places in 1971, and named a National Historic Landmark in 2006. Rich in vibrantly painted fresco murals, this authentic mission is one of the

jewels of the California mission chain. The picturesque colonnade that leads to the church contains 12 arches of different sizes and shapes—unique among the California missions. An all-seeing "Eye of God" tops the altar. The expansive cemetery on the east side of the church is one of the largest remaining original mission-era "campo santos" (cemeteries). Over 2,000 native peoples are buried here. San Miguel houses a collection of an awesome number of missionera and post mission-era artifacts in the museum and on the grounds of the mission. One of the most interesting artifacts



that has been preserved is part of a tree trunk that has an embedded cross carved into it. Crosses were carved into trees along "The King's Highway" (El Camino Real) to signal the approach of a mission. A ride around the full perimeter of the adobe-walled mission will give you a good sense of the scale of California mission complexes, many of which are now much reduced in size.

Your last night's stay is included. Say goodbye to your new friends, gather your booty of Paso wines and memories and travel with a smile.

TRAVEL INFO:

Amtrak's Coast Starlight makes stops daily both southbound and northbound in San Luis Obispo. United, American, Delta, and Alaska Airlines fly into San Luis Obispo Airport. Hotel shuttle available by reservation.

SPECIAL NOTES:

Electric bicycles, please read the e-bike restrictions and guidelines on the HeartCycle website > Selecting a Tour and E-bike guidelines: https://www.heartcycle.org/selecting-a-tour.

For those traveling from the Denver metro area, the Sprinter will be available to transport bicycles to and from Paso Robles. A lottery may be needed if the demand exceeds available space.

For more information contact:

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