

HEARTCYCLE TIPPING GUIDELINES (2025)

HeartCycle tours are run by a dedicated team. Your tour leaders are unpaid volunteers, and your SAG guides receive a modest stipend. As an acknowledgment of their efforts, tour participants customarily show their appreciation to the tour leaders and SAG guides by contributing to a tip fund. Typically, each rider contributes between 5 and 10% of the total tour price to the fund. Some may choose to tip more whereas some may choose to tip less or not at all. Tips are voluntary. We ask that one rider collect the contributions and divide the tip fund among the leaders and the SAG guides. The tips are then presented to the tour leaders and SAG guides as a way of saying thank you for a job well done. This gesture also recognizes the simple fact that without them, HeartCycle tours would not be available for our enjoyment.

On vendor-led tours, participants should give their tip individually to the tour guide who then shares it with the SAG(s) and possibly others who may have been involved with the tour. HeartCycle tour coordinators do not take tips for such tours.